



Sai Homoeo Gen

April 2017 - Issue 2



The Father of Homoeopathy
Dr. Samuel Hahnemann

World Homoeopathy Day



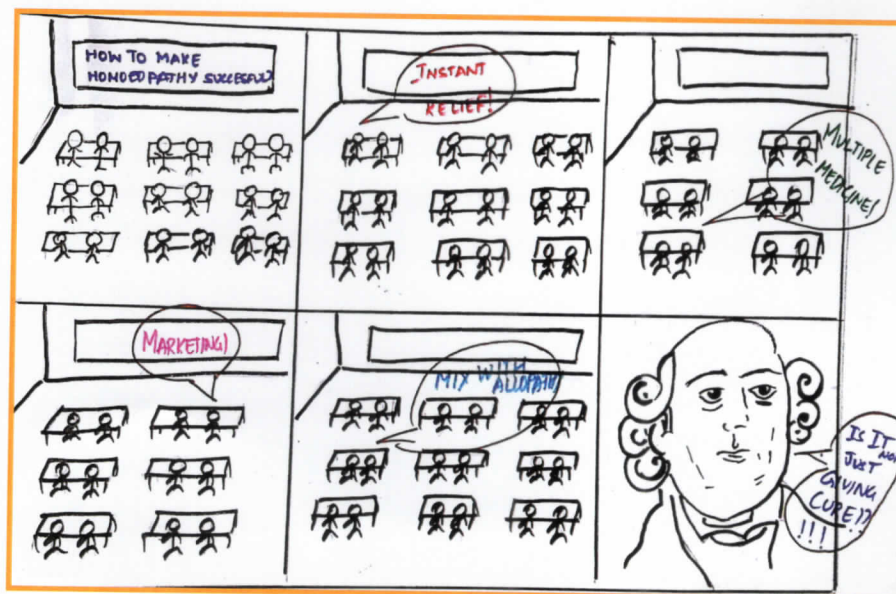
Sri

**SAI RAM HOMOEOPATHY MEDICAL COLLEGE
& RESEARCH CENTRE**

(An ISO 9001 : 2008 Certified Institution)

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Futuristic Homoeopathy



S. Keerthana,
IV BHMS

Sai Homoeo Gen

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From The Editorial Desk:

Sri Sai Ram Homoeopathy Medical College and Research Centre is proud to release the second issue of "Sai Homoeo Gen" on the event of the 262nd birthday of our master Dr. Samuel Hahnemann, which is globally celebrated as World Homoeopathy Day. Our College has completed 15 years of its journey in the academic field of homoeopathy. We are enlightened to bring up the second issue of "Sai Homoeo Gen" & also wish that "Sai Homoeo Gen" encourages students and staff to present articles that brings in their creativity and thus helping in knowledge sharing experience as well.

Chief Editor:

Dr. P. Cheramannan
Principal

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Dr. Jerin J. P.,
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Dr. J. Preena Jane

Forward Messages

I am delighted to know that Sri Sai Ram Homoeopathy Medical College and Research Centre is releasing the second issue of "Sai Homoeo Gen". I am glad that Sri Sai Ram Homoeopathy Medical College and Research Centre is running successfully its 16th year by producing eminent physicians during this period.

I appreciate the earnest effort of the editorial team in releasing the second issue of "Sai Homoeo Gen" which will be a proved platform to share new ideas and clinical experience with the reader. I do hope that "Sai Homoeo Gen" will bring in a remarkable change in the academic and professional world. I look forward to further editions of this publication from time to time.

I extend my appreciation to Sri Sai Ram Homoeopathy Medical College and Research Centre for their great care bestowed in publishing this bulletin.

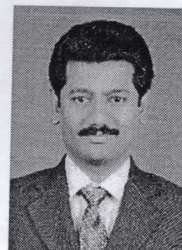


Sai Prakash LeoMuthu
Chief Executive Officer

I consider it a privilege to be asked by the editorial members to contribute a foreword once again to the second issue of the bulletin "Sai Homoeo Gen" which gives me a sense of pride.

Homoeopathy - under the Department of AYUSH has now grown to great heights. The whole world is now looking at this system for their relief from sufferings. I feel blessed to write this foreword.

Hope this publication will continue to serve not only homoeopaths but also those in other profession. All the very best for the upcoming publications.

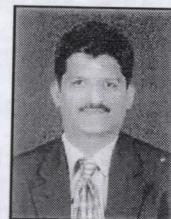


Mr. R. Sathish Kumar
Co-ordinator

It gives me an immense pleasure to present before you the second issue of "Sai Homoeo Gen". This work is a total reflection of our academic activities, extension services and extra - curricular activities.

Our vision is to impart skillful knowledge, value based education and to render service to suffering humanity. There is no question that this bulletin will be a choice addition to homoeopathic field.

I congratulate the Editorial team for their tireless effort to bring out the second issue of "Sai Homoeo Gen".



Dr. P. Cheramannan
Principal

THE LADY ON THE WALL

- Understanding Materia Medica.



- She stares at the distance and looks at the painting in the hall.
 - She looks at the women adorned in red, calmness on face and poise, she had once known.
 - She looked at those long slender arms, the well angled face, and smooth glowing skin.
 - The image of her, twenty years down the lane.
 - And now when she looked at her reflection, all she could see was
 - Weary eyes, charcoal black beneath
 - Her round face painted sallow with an expression of dullness
 - And she wished that she could be the beautiful, bold, giving person she was
 - She wished she could be as excited as before
 - But now all that she feels is an excitement by noise and company- an excitement that drains her life
 - She wished her eyes were closed as now
-
- She wished for calmness and less noise
 - She wished that she could dance a little more
 - She wished for it, she wished like no one would
 - She hoped to care more for her people but she felt she was best left alone,
 - She wished and she wished for more.
 - With her eyes closed she pictured herself young and vibrant
 - She remembered her poise figure
 - She remembered how she loved the setting sun
 - How she loved to glide and move and dance, she remembered the joy it gave her.
 - It was in her veins now she felt the sluggishness, she felt it everywhere
 - She wished that her back didn't ache so much; she wished she could dance it out.



**Barkha Vyas. O
IV BHMS**

THE FUTURE OF HOMEOPATHY

Gifted by clairvoyance, extreme linguistic skills and extraordinary intelligence, Dr. Samuel Hahnemann, was the reason for the birth of "Homoeopathy" 200 years back. When they found the limitations of modern medicine, they left this lucrative carrier and business of modern medicine and devoted their lives to find a way out to treat the mankind in the most possible gentle way. If the mankind is wise enough to get the best possible benefits from each of the medical systems even if their seems to be no logic in it, people will be much more healthier. If there is no understandable logic to know which came first, egg or chicken, then so what? Both are very much here. Ask those whose precious lives have been saved by homeopathy. Homoeopathy continues its triumph into time setting free the bindings of side-effects of drugs and delivering cure of a complete nature, avoiding many a surgical intervention and with a softer impact on one's medical expenses.

Challenges: Challenges keep us moving and must be taken with wisdom. There are some fundamental challenges in front of us now and they must be encountered to make future better. The inherent challenges which Homoeopathy has been facing are:

- 1) High quality clinical trials and verifications.
- 2) Replication of Hospitaity Properties Trusts, clinical trials and verifications to support results obtained earlier.
- 3) Rational, multi-centric, large sample size studies.
- 4) Publication bias.
- 5) There is a need of extensive research based upon individualised treatment planning in Homoeopathy.

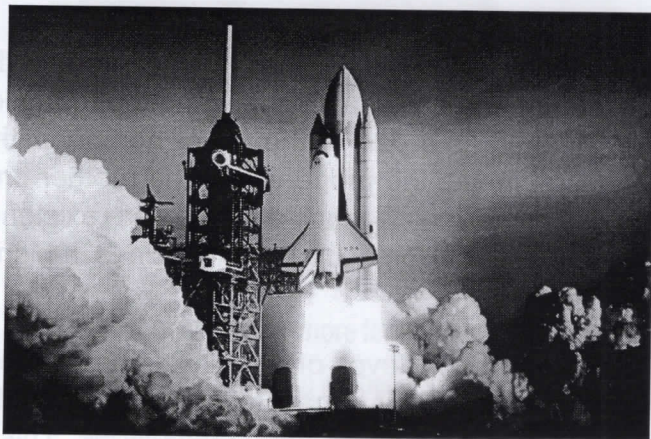
The recent advancement in Science and Materials Labs, Arizona has helped interpret the extreme scientificity of Homoeopathic medicines through the explanations favoring the formation of nano-molecular bubbles in the vehicle [water, alcohol] as a part of the act of homoeopathic potentisation where the OH radicals present in these inherits the properties of the mother drug substance at its sp hybridization levels which remains in the vehicle much after the non-existence of the mother drug quantitatively, thus explaining the action of Homoeopathic medicines of higher dynamization status.

The recent development as a part of a conference in favor of NASA, at the Rutgers University says that Homeopathy could be the next choice in their Lunar Settlement projects for future!! The conventional medicines of allopathy are found to fail for space conditions. This is because of problems related to absorption and solubility of such medicines in extreme environments, where there is no gravity. This is where our ultra-diluted medicines could come up as a possible substitute as they are easily absorbed by the body. The only system of medicine which uses ultra-diluted medicines is Homoeopathy which gives it a huge momentum into a futuristic medicine. Homeopathy is still the second largest medical system in the world. It will continue to be the second largest medical system in the world in the future. Homeopathy has the potential to develop tremendously as a complementary system to modern medicine, but vested interests will never allow this to happen. Ignorance about the effectiveness of homeopathic treatment is another factor. If these two factors are minimized, homeopathy can cure more people in the future than it cures now.

P.M.KEERTHANA
INTERN

FUTURISTIC HOMOEOPATHY

- The future of Homoeopathy is more scopeful not only on earth but also in the space, which is an awestruck point.
- It is because modern medicines which are used for various symptoms that space travellers are confronted with like headache, insomnia, osteoporosis ,etc are found to fail for space conditions,as it fails in absorption and solubility in extreme environment, where there is no gravity.
- This is when an ultra diluted medicines- Homoeopathic could come up as a possible substitute as they are easily absorbed by the body.
- Thus the recent development as a part of conference in favour of NASA, at Rutgers university says that homeopathy could be the next choice in their Lunar Settlement Project for future.



Thus it gives a huge momentum into a futuristic medicine!!

- I therefore leave the readers to ponder on it and to assess if homoeopathy is just a complementary and alternative medicine or a post modern system of medicine which could be addressed as a FUTURE OF MEDICINE!!!



Dhameem Nisha.M,
IV BHMS

AT LEAST IN FUTURE...?

A conversation between Homoeopathy and Science

Homoeo: hi buddy..! come let us go...

Science: where..?

Homoeo: to prove me... to do your experimentations..!

Science: you go man... why me..? They were already done... you have only little real potency and most of them are pseudo, fraud, foul play, placebo..!

Homoeo: what..? But I work... why are you blaming me as false buddy..?

Science: because I have no scale to measure you after your 12th potency..!

Homoeo: I am false because you cannot measure me..?

Science: KaKaKaPooo buddy..!

Homoeo: haha..! Aada theriyatha silk-u sonnam kaal-a sulukunu..!

Science: hey... stop your nonsense... you are pseudo, fraud, foul play, placebo..!

Homoeo: wait buddy..! I am doing wonders daily by curing their prolonged sufferings, can't you see that..? You are only lagging and not me..!

Science: No No... you are pseudo, fraud, foul play, placebo..!

Homoeo: buddy... what am sating is...

Science: just stop... I won't hear you... you are pseudo, fraud, foul play, placebo..!

Homoeo: Magizhchi..! buddy

Science: but am not..! Go and be scientific...

Homoeo: You go and invent a scale to prove me at least in future... but it will be a tuff task buddy, because a crow can't find the Eagle's nest... easily..! Am waiting..!

I am getting proved in MILLION MINDS which are getting cured by me..!

Proud to be a HOMOEOPATH..!



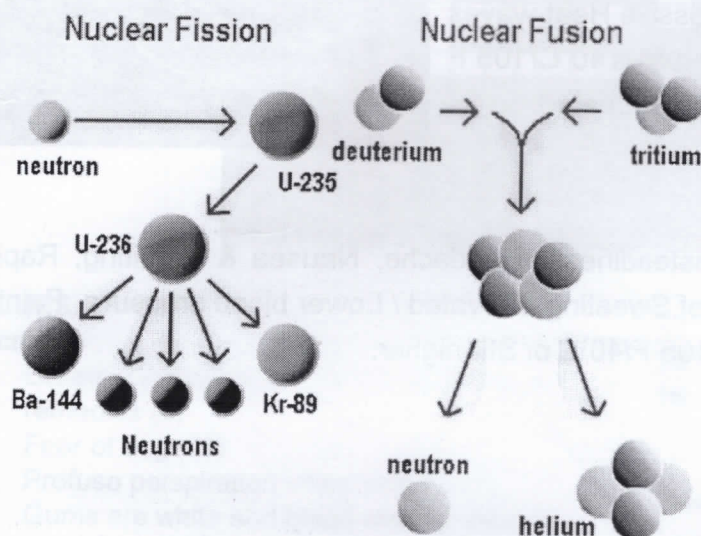
G.Manikanda Prabu,
IV BHMS.

QUESTION OF THE HOUR

ITS HIGH TIME WE DISCUSS THE LOGIC BEHIND OUR POTENCIES, AND THE SO CALLED REASON USED TO TAUNT HOMOEOPATHY FOR A LONG AGE. WELL, SINCE SCIENCE STARTED TO GROW.

IF AND ONLY IF QUANTITATIVE ASPECT OF MATTER IS TO PRODUCE EFFECTS ON WORLD, THEN IN WHAT WAY NUCLEAR FUSION AND FISSION REACT.

NUCLEAR FUSION AND HOMOEOPATHY:



IT IS A PROCESS IN WHICH TWO OR MORE ATOMIC NUCLEI FUSE TO FORM ANOTHER ATOMIC NUCLEUS AND AN ENORMOUS AMOUNT OF ENERGY.

NOW WHERE DID THIS TREMENDOUS ENERGY COME FROM?? FROM TONS OF MATERIALS AS YOU SAY??

WELL IF AN ATOM COULD FUSE TO SUCH ENERGY, WHY CANT THE HOMOEOPATHIC PARTICLES TOO.

NUCLEAR FISSION AND

HOMOEOPATHY:

NOW THAT IF TWO PARTICLES COMBINE TO GIVE OUT ENORMOUS ENERGY THEN WHY CANT THE SO-CALLED BOGUS TOO.

IF MERE BOMBARDMENT OF PARTICLES COULD BRING OUT SUCH ENORMOUS ENERGY, THEN A HOMOEOPATH PUTS IN ALL THE CALORIES HE TOOK IN SUCCUSSION TO PRODUCE THE CURATIVE EFFECT.

QUESTION OF THE HOUR:

- IF YOU SAY THIS PROCESS OF DYNAMISATION DOESN'T HAVE EFFECT ON THE QUALITY, THEN WHY CANT YOU HIRE A NUCLEAR REACTOR IN YOUR LIVING ROOM?
- IF YOU SAY THIS DYNAMISED MEDICINE HAS NO CURATIVE POWER SO IS THE ENERGY FROM THESE REACTIONS IS.
- IF THE ACTION IS HYPOTHETICAL AS REGARDS HOMOEOPATHY THEN PERHAPS YOU ARE BLAMING YOUR OWN SCIENCE THAT YOU ACTUALLY FLAUNT OF.



S. SAI PRIYA,
IV BHMS.

FIGHT AGAINST LIGHTS

What is SUNSTROKE?

SUNSTROKE or HEATSTROKE is a symptom for hyperthermia. It is an acute condition in which the body is unable to regulate the technical mechanism and either absorbs or produces excess amount of Heat it can regulate. Drug or environmental factors like exposure to excessive Heat waves can cause this condition of the body temperature is 40°C/105°F which leads to death/coma within 30 minutes if untreated.



SYMPTOMS:

- Profuse sweating, Faintness and Unsteadiness, Headache, Nausea & Vomiting, Rapid / Shallow breathing, Seizure, Cessation of Sweating, Elevated / Lower blood pressure Fainting ,Rapid Heartbeat, Body temperature of 105°F/40°C or Still higher.

FIRST AID:

Do's:

- Dial 108 an emergency number for rescue.
- Move the person away from sunlight
- Remove the person's unnecessary clothing.
- Sprinkle / spray /sponge with cold water over their body
- Fanning helps to reduce temperature soon.
- Check the person's rectal temperature and try to reduce it 102°F/39°C.

Do not:

- Don't check the temperature of ear or mouth as it may lead to wrong guidance .
- Avoid medicating them with aspirin or acetaminophen to reduce a high body temperature

Homoeopathic Remedies:

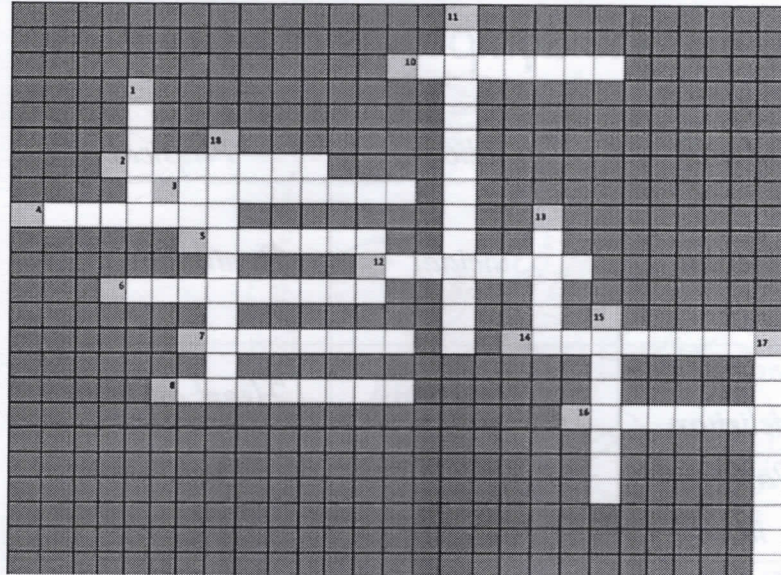
- Glonine, Nat.carb, Belladonna, Lachesis, Amyl. Nit Q for inhalation

Preventive medicines in homoeopathy:

- Natrum mur 6X., Fer. Phos 6X

Anushaya Kumar
III BHMS

MATERIA MEDICA CROSS WORD PUZZLE



CLUES:

Across

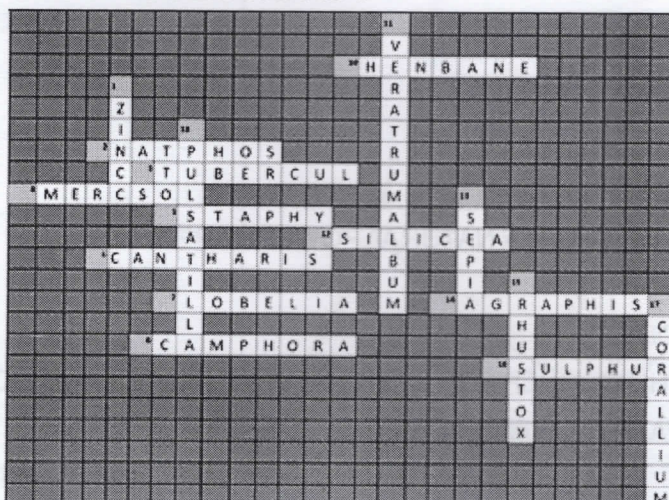
- 2 Laxative in infants, one of the 12 tissue remedies (6)
- 3 Fear of dogs (8)
- 4 Profuse perspiration when walking (7)
- 5 Gums are white and bleed when pressed on brushing (6)
- 6 Scalding urine (9)
- 7 Sacral pain causes him to sit leaning forward (7)
- 8 During fever, wants covering, but only in heat stage (8)
- 10 Suspicious person [common name of the medicine] (7)

- 12 Complementary to Kali Mur, in suppurations (7)
- 14 Deaf mutism in children (8)
- 16 Tongue adheres to palate, it is moist, but covered with frothy saliva (7)

Down

- 1 Retrocession of eruption (4)
- 18 Colourless urine as clear as water (10)
- 11 Remedy used by Hahnemann, to cure 1/3rd of insane patients in asylum (13)
- 13 Herpes during pregnancy (5)
- 17 Hysterical cough – (9)
- 15 On voiding urine, he gets eructation (7)

SOLUTIONS :



**Arshiya.N &
V. Bhavanesh Sundaram
- INTERNS**

A Simple Chart to Track & Assess the Direction in which the symptoms are travelling

SUPPRESSION

<i>Mental</i>	<i>Emotional</i>	<i>Physical</i>
<i>Complete mental confusion</i>	<i>Suicidal</i>	<i>Brain ailments</i>
<i>Destructive delirium</i>	<i>Depression</i>	<i>Heart ailments</i>
<i>Paranoid ideas</i>	<i>Apathy</i>	<i>Endocrine ailments</i>
<i>Delusion</i>	<i>Sadness</i>	<i>Liver ailments</i>
<i>Lethargy</i>	<i>Anguish</i>	<i>Lung ailments</i>
<i>Dullness</i>	<i>Phobias</i>	<i>Kidney ailments</i>
<i>Lack of concentration</i>	<i>Anxiety</i>	<i>Bone ailments</i>
<i>Forgetfulness</i>	<i>Irritability</i>	<i>Muscle ailments</i>
<i>Absent mindedness</i>	<i>Dissatisfaction</i>	<i>Skin ailments</i>

SUPPRESSION



Dr. Sowkanth
Reader

YES IT IS.....

QUESTIONS TO AN ALLOPATH AND HOMOEOPATH BE LIKE...

ALLOPATH:

Q: IS SUPER NATURAL POWER TRULY PRESENT?

A: OF COURSE, IF YOU BELIEVE IN GOD, THEN SUPER NATURAL POWERS ARE TRUE.

HOMOEOPATH:

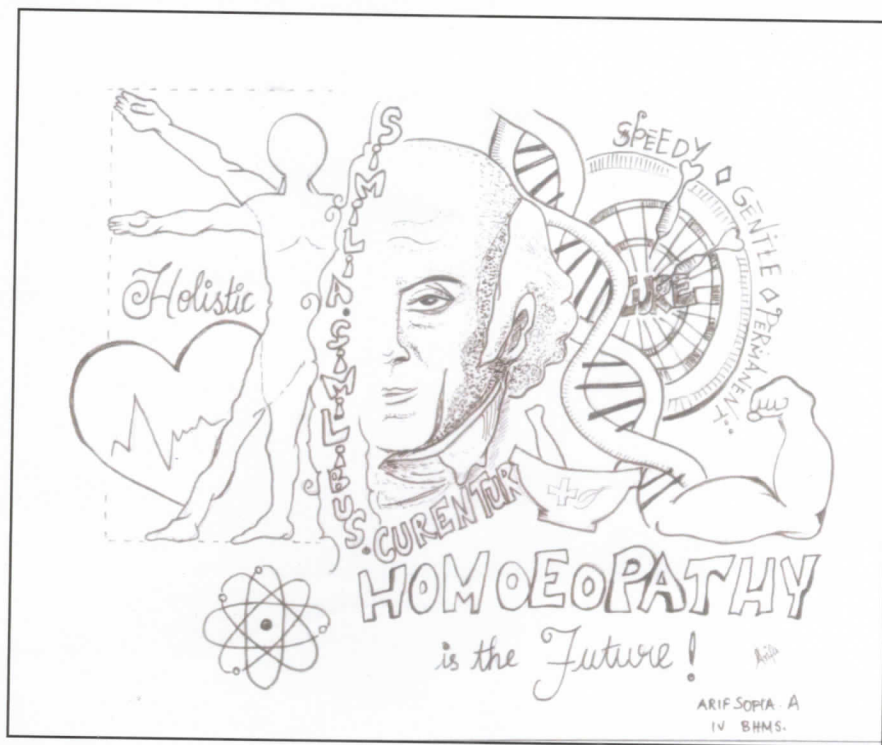
Q: DO YOU BELIEVE THE CONCEPT OF GOD?

A: I BELIEVE IN HOMOEOPATHY SO DO THE CONCEPT OF SPER NATURAL POWER AND GOD.
IF GOD IS PRESENT THEN SO IS HOMOEOPATHY.

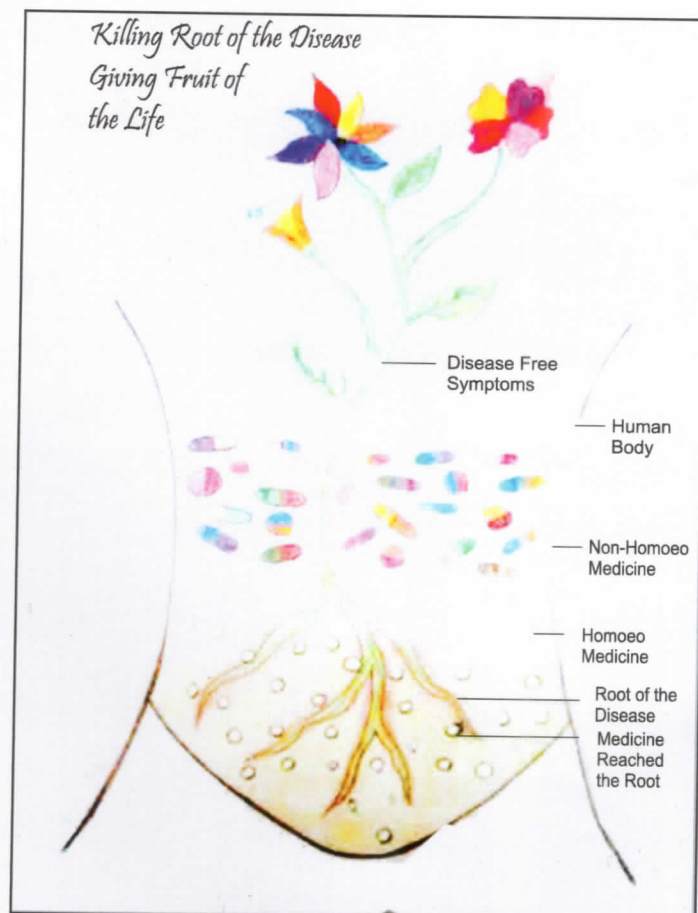


S. Sai Priya,
IV BHMS.

Art Gallery



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SWAITHA WESLEY
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